

RATIONALE

Currently, the Philippines is one of the many countries burdened by both communicable and non-communicable diseases causing social and economic burdens related to low productivity, early disability, morbidity and mortality.

Given that poor diet and unhealthy lifestyle are the widely-known etiological factors of NCDs and obesity, nutrition therefore plays a vital role in the prevention, control, and management of these conditions.

Hence, the focus of MCN is the evidence-based and comprehensive nutritional management of various chronic diseases such as diabetes mellitus, cardiovascular diseases, kidney diseases and cancer which are the leading cause of mortality in the Philippines and globally.

PROGRAM OUTCOMES

A graduate of the Masters in Clinical Nutrition program is expected to:

1. Develop evidence-based clinical nutrition interventions for specific disease conditions;
2. Apply nutrition care process in various disease conditions;
3. Collaborate with nutritionist-dietitians, health care professionals and other stakeholders in the practice of clinical nutrition;
4. Demonstrate leadership and management skills in the delivery of institutional dietary services; and
5. Advocate ethical clinical nutrition practices and services for the welfare of populations.

GOALS

The Master in Clinical Nutrition (MCN) is designed to:

enhance the professional qualifications of the registered nutritionist-dietitians (RNDs);

increase the efficiency and effectiveness of RNDs in the provision of nutritional care through mastery of nutrition care process (NCP)- a systematic approach which is a global standard in clinical nutrition care;

promote greater recognition of the role of RNDs in all care settings;

deepen RND's understanding on clinical nutrition; and

hone RND's current professional skills and enhance their knowledge about evidence-based nutritional strategies in the management of various diseases.



INSTITUTE OF HUMAN
NUTRITION AND FOOD

MASTER IN
CLINICAL
NUTRITION

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CURRICULUM AND FEES

PROGRAM STRUCTURE

Components	No. of Units
Core Courses	18
Electives	9
Graduate Seminar	1
Special Problem	3
Oral Comprehensive Exam	
Total	31

TUITION FEE & OTHER FEES

Matriculation Fee: P1000 per unit
Other fees: around P2000 but may vary and subject to change

For details on matriculation, please contact the UPLB Office of the University Registrar at our.uplb@up.edu.ph

CURRICULUM

FOR REGULAR STUDENTS

Year 1: 1st Semester	No. of Units
MCN 201. Advances in Clinical Nutrition	3
MCN 202. Clinical Nutrition in Cardiovascular Diseases	3
MCN 203. Clinical Nutrition for Cancer Prevention & Management	3
Elective 1	3
Total	12
Year 1: 2nd Semester	No. of Units
MCN 204. Clinical Nutrition in Kidney Diseases	3
MCN 205. Clinical Nutrition in Diabetes Mellitus	3
MGT 231. Human Behavior in Organization	3
Elective 2	3
Elective 3	3
Total	15
Mid-year	No. of Units
HUME 290. Special Problem	3
HUME 299. Graduate Seminar	1
Total	4

FOR PART-TIME STUDENTS

Year 1: 1st Semester	No. of Units
MCN 201. Advances in Clinical Nutrition	3
MCN 202. Clinical Nutrition in Cardiovascular Diseases	3
Total	6
Year 1: 2nd Semester	No. of Units
MCN 204. Clinical Nutrition in Kidney Diseases	3
MCN 205. Clinical Nutrition in Diabetes Mellitus	3
Total	6
Year 2: 1st Semester	No. of Units
MCN 203. Clinical Nutrition for Cancer Prevention & Management	3
Elective 1	3
Total	6
Year 2: 2nd Semester	No. of Units
MGT 231. Human Behavior in Organization	3
Elective 2	3
Elective 3	3
Total	9
Mid-year	No. of Units
HUME 290. Special Problem	3
HUME 299. Graduate Seminar	1
Total	4

PROGRAM STRUCTURE & REQUIREMENTS

IHNF MISSION

Promote optimum nutrition by advancing knowledge, innovative research, and dynamic public service

IHNF VISION

Leadership and excellence in the study and practice of human nutrition and food

CONTRIBUTION TO IHNF VISION

The Master in Clinical Nutrition is consistent with the IHNF vision, i.e., leadership and excellence in the field of food, nutrition, and dietetics. This degree program will develop competent practitioners in clinical nutrition with strong professional identity and understanding of NCP for the prevention and management of various disease conditions. The program will train the RNDs to be national and global leaders in clinical nutrition through effective classroom education, case studies and practical applications. Furthermore, this program supports the UPLB's vision of a comprehensive graduate and research university that provides advanced training in various fields of expertise and specialization.

PROGRAM STRUCTURE

MCN consists of the following:

5 core courses on clinical nutrition (MCN 201, MCN 202, MCN 203, MCN 204 & MCN 205) for most common diet-related chronic disease conditions in the local and global settings

1 core course on leadership and management (MGT 231)

3 elective courses; students can choose from the following courses:

MCN 206 Clinical Nutrition in GIT and Hepatobiliary Diseases

MCN 207 Weight Management

MCN 208 Critical Care Nutrition

MCN 209 Nutrition and Infectious Diseases

HNF 224 Nutrition Epidemiology

Special problem (HUME 290) 1 month directed research and hospital exposure

Graduate seminar

An oral comprehensive examination is a requirement of the program that can be taken by the students after completing the required coursework.

****The prerequisites of core courses and elective courses are Medical Nutrition Therapy (MNT) courses.*

PROGRAM REQUIREMENTS

ADMISSION POLICY

In addition to the admission requirements of UPLB Graduate School, an applicant for admission into the Master in Clinical Nutrition program must:

- Be a licensed nutritionist-dietitian
- Have at least a GWA of 2.5 (UP) or GWA of 2.25 (Non-UP)

RETENTION POLICY

Same as that of the UPLB Graduate School Retention Policy

TRANSFER/SHIFTING POLICY

Same as that of the UPLB Graduate School Transfer/Shifting Policy

GRADUATION POLICY

Same as that of the UPLB Graduate School Graduation Policy

For more details, please visit <https://gs.uplb.edu.ph/>